

CARER'S APPLICATION - Lightning Process™

Application Form for your carer, partner or parent to sit in with you in the seminar and to facilitate your learning.

Introduction

If you do wish to bring someone to help you learn please choose them very carefully. Just because they are your carer, partner or parent and care deeply about you and your future does not necessarily mean that they are the best person to help you learn what you need from the seminar.

If you do choose to bring someone, and many people don't, please ensure they fill in the following form, so we can assess whether they will be suitable to support you in your learning and decide if it is appropriate for them to attend. We have found the kinds of qualities ideal for someone in this role are: to be fully supportive of you in understanding and applying the training, being ready to leave their preconceptions and beliefs behind, being positive and able to inspire you.

Learning facilitators' agreement

In this document **'Student'** refers to the person that is taking the seminar and has invited you to be their learning facilitator.

How the training is conducted

Much will be demanded from you and your student over the three days of the seminar, but if you both take on the challenge then the rewards are extraordinary.

Your trainer has a very demanding role during the seminars. They have to not only present the material but also manage and assist you both as you go through that very challenging process. There are certain ground rules and understandings that will make the training easier for both of you and them.

Your trainer is completely committed to your success, as a result;

They will not tolerate any behaviour from you or your student that prevent your student from getting the success that they deserve.

They will deliver no-nonsense, honest and essential feedback - to both you and your student - ***do not mistake this as not caring.***

They will not always say what you want to hear.

If what you, or your student, are doing is going to cost your student their success they will tell you, or your student - even if it risks you being annoyed with them.

That's how committed they are to your student's success.

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Your role in the training.

You will need to fill in the training agreement below.

PLEASE MAKE SURE YOU FILL IN ALL SECTIONS

Agreement

Please read these statements, and if you agree with them please circle the **AGREE** word, we will not accept onto the training program as a learning facilitator unless all the statements are agreed to.

Our experience suggests you should only take the training if you agree to these statements:

I understand that the *Lightning Process™* is a training program. **AGREE / DISAGREE**

I understand that learning the Lightning Process™ does not guarantee my student any results.
AGREE / DISAGREE

I accept that my student accepts full responsibility for the effects of applying or not applying this training program to my life. **AGREE / DISAGREE**

I recognise that the mind and body can powerfully influence each other. **AGREE / DISAGREE**

I am prepared to look at and challenge my beliefs about my condition/illness, my health and myself.
AGREE / DISAGREE

I am totally prepared to do the sometimes-challenging work of starting to think very differently that's required to help my student get back on track. **AGREE / DISAGREE**

Personal details and history.

Name

Occupation

Signature:-

Date:-

Readiness

Overall, what score would you give yourself out of 10 for your belief that your student can recover using the **Lightning Process**? _____

The X factor

Please write down a few sentences on what you feel is needed from your student during the lightning process to get the changes that the others have achieved.